Rivers Education Support Centre

SECONDARY OUTREACH PROGRAMMES OF SUPPORT

8-week programme

Discover **Become** **Believe**

Supporting all Secondary Schools in East Hertfordshire and Broxbourne.

Who are we?

Rivers Outreach offers a 'wellbeing' and valued behaviours' intervention that promotes self assessment and solution focused strategies for pupils to regulate, relate, learn and flourish.

The Programmes of Support prioritises self-esteem and positive mental health through restorative approaches and goal setting for pupils to re-engage and progress with their learning.

Referrals

Schools can access support by completing a referral form and obtaining parent/carer consent before returning it to the Outreach Manager. Once a worker is allocated, a set-up meeting with the pupil, family and school is held, followed by weekly in-school sessions tailored to meet the individual's needs. The programme then concludes with a final review meeting to discuss progress and next steps.

Services

Programmes of intervention to reduce the risk of exclusion
1-1 sessions with young people
Support with emotional difficulties, anger management and self-esteem
Problem solving
Group work
Reinteration support
Transition projects
Helpline
Crisis intervention
SEN advice

Information for parents

- Discuss the programme with your child before it begins.
- Talk to your child about the sessions and their progress.
- Attend scheduled meetings.
- Encourage and support your child in working towards their targets.
- Maintain regular contact with the school.

Voices from Our Community

"My child feels very relaxed and can talk to the Outreach worker."

"The young person's self-esteem and attitude have both improved."

"Talk and trust."

"Outreach has helped me a lot."

The Big Question for Pupils

How can we work together to help you build confidence in your learning and personal development for you to progress and get it right in school?

Discover more about Rivers ESC and our referral form by scanning the QR code above

01992 534 841 **https://www.riversesc.herts.sch.uk/**