

Typical Timetable for the Phoenix Centre

| Day | 10.00-10.15 | 10.15-10.30 | 10.30 - 11.00 | 11.00-11.15 | 11.15 - 11.45 | 11.45-12 | 12-1.00 | 1.00 -1.15 | 1.15-1.45 | 1.45-2pm |
|-----------|----------------------------|-----------------|--|-------------|--------------------------|-------------|----------------|---------------------------------|-------------------------------------|-------------------------------|
| Monday | Settling task and check in | Reading/phonics | Activity 1 - theme based learning with a writing element | Choosing | Activity 2 - Maths | Handwriting | Lunch and play | Sensory circuit and Mindfulness | Activity 3 Forest school | WordAware Time for reflection |
| Tuesday | Settling task and check in | Reading/phonics | Activity 1 - theme based learning with a writing element | Choosing | Activity 2 - Maths | Handwriting | Lunch and play | Sensory circuit and Mindfulness | Activity 3 Child initiated learning | Story Time for reflection |
| Wednesday | Settling task and check in | Reading/phonics | Activity 1 - Science | Choosing | Activity 2 - PSHE | Handwriting | Lunch and play | Sensory circuit and Mindfulness | Activity 3 Take 1 book | WordAware Time for reflection |
| Thursday | Settling task and check in | Reading/phonics | Activity 1- cooking | Choosing | Activity 2 - Citizenship | Handwriting | Lunch and play | Sensory circuit and Mindfulness | Activity 3 KS1 - Take 1 picture | Story Time for reflection |
| Friday | Settling task and check in | Reading/phonics | Activity 1 - geography/history/RE/PSHE | Choosing | Activity 2 - P.E | Handwriting | Lunch and play | Sensory circuit and Mindfulness | Activity 3 Music | Game Time for reflection |

The Phoenix centre follows a rolling programme which covers main curriculum areas, including Maths and English as well as incorporating key themes including self-care, tolerance, citizenship, manners and safety.