Information for parents

Rivers ESC Outreach team supports schools in promoting positive behaviour.

We offer support to all Secondary Schools in East Hertfordshire and Broxbourne. We work with the agreement of parents/carers and in partnership with schools, we support the young person in their school setting.

Who are we?

We are a highly skilled team of Outreach workers.

We use our experience in Centre and in schools to work with young people in their setting.

How you can help?

Talk to your child before we start the programme.

Ask them about the sessions.

Attend arranged meetings.

Support your child with their targets. Communicate with school.

School's comments....

"The young person's self-esteem and attitude have both improved."

"We have seem an amazing change in the young person's behaviour."

"A different young man!"

'Following the advice from the Outreach worker the support strategies have been implemented successfully and staff have become more aware."

Young person's comments....

"I like it that we can talk!"

"Outreach has helped me a lot."

"I enjoyed the lateral thinking exercises."

"I learnt a lot about anger management."

"I like talking about my aspirations and possible links to college."

"Talk and trust."

Parent's /carers comments...

"My child feels very relaxed and can talk to the Outreach worker."

'I feel that my child's attitude this year has really improved and he has a far more positive attitude."

"I am very happy with my child's progress."

Rivers Education Support Centre





Secondary Outreach Programmes of Support

Ofsted February 2014

"The work of Outreach staff is very successful in improving pupils' behaviour so that they can learn and achieve better."

www.riversesc.herts.sch.uk

Rivers Education Support Centre

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Services We Offer

Support for young people in school whose behaviour is giving cause for concern.

Behaviour for Learning

- Programmes of intervention
- Reduce the risk of exclusion
- One to One sessions with young people
- Designed around their needs to develop appropriate self-management strategies
- Support with emotional difficulties, anger management and self-esteem
- Group work
- Support with Pastoral Support Plans
- Collaborative problem solving
- Lesson observations
- Reintegration support for students
- Transition Projects
- Helpline
- · Crisis intervention
- SEN advice



The Referral Process

Who can be referred?

Rivers ESC Outreach Service is for pupils who are at risk of exclusion.

Referral and Consent

Common Assessment Framework (CAF) or Service Request Form (SRF) with parent/career consent

Request for Information

1

Set up meeting at school with Young Person, parent/carer, school and Rivers

Agree a Programme of Support

1

Outreach support

 $lap{1}$

Review and evaluate progress

Plenary There are 5 tips on how you can build your self-See if you can explain why they might work. Are there any others? 4. Stand 1. Think up for positively yourself 3. Be able to cope 5. Be with 2. Take realistic criticism with your

We Support The Young Person

The Programmes of Support focus on attitude to learning and pupil progress.

We promote literacy, numeracy and positive communication.

Focus

- Self-esteem
- Problem solving
- Anger management
- Study skills
- Personal safety
- Future aspirations
- Healthy lifestyles

Programmes last for 8 weeks.

At the end of the support programme we will meet with the Young Person, parents/carers and the school to discuss progress and plan for future success.

